



Case Management Services

We help you get the right health care services at the right time.

Disease Management Programs

Asthma, Coronary Artery Disease (CAD), Congestive Heart Failure (CHF), Chronic Obstructive Pulmonary Disease (COPD), Diabetes, HIV/AIDS, Major Depressive Disorder, Schizophrenia, Bipolar Disorder, Hypertension, Substance Abuse Disorder (SUD), Chronic Kidney Disease, Autism Spectrum Disorder, Hepatitis C, Attention Deficit Hyperactivity Disorder (ADHD)

Educational Programs and Enhanced Services

Our local Community Resource Centers

Visit www.Anthem.com for locations.

New Baby New Life rewards and support for pregnant members

Blue Ticket to Health team up with the Indianapolis Colts and Anthem to get your well visit

Boys and Girls Club join at no cost

Exercise kits - at no cost with a case manager referral

Health Survey at Walmart® on-the-spot rewards for doing it

Smoking Cessation programs to help you quit for good

Allergy Relief Bedding - at no cost with case manager referral

Pregnancy Tests at no cost

Dental Hygiene Kits at no cost

Community Health Workers in person help

GED Assistance helping you get your degree

Preventive Care Services Diabetic retinal eye exam reminders, health and wellness checkups, mammograms, cancer screens, vaccinations, family planning, and many other services to help members stay their healthiest



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Disease Management Programs

Asthma, attention deficit hyperactivity disorder (ADHD), autism/pervasive developmental disorder, behavioral health management, chronic kidney disease, chronic obstructive pulmonary disease (COPD), congestive heart failure, coronary artery disease, depression, diabetes, hepatitis C, HIV, hypertension and hyperlipidemia, pediatric and adolescent disease management, pregnancy

Educational Programs and Enhanced Services

CareSource Life Services Assistance with training skills, job counseling and placement to aid employment efforts (JobConnect). Includes rides to and from JobConnect coaching and training sessions.

Online Wellness and Disease Management Programs

Instructional programs on a variety of topics

Women and Infants Health Care Management

Program Includes enhanced services and programs below:

- **Quit for Two** Helps you stop smoking during and after pregnancy, with incentives.
- **Baby Basics** Month-by-month guide to a healthy pregnancy.
- **Babies First** Member rewards program that encourages timely prenatal, postpartum and well-baby care.
- **Every Little Step** Prenatal, postpartum and toddler gift boxes that include education materials and various samples.
- **Care4Moms** Free mobile phone application (app) to help pregnant women learn about pregnancy, choose an OB-GYN, connect to 24-hour nurse advice line, and use fun features. When you answer a few easy questions, the app becomes a personal healthy pregnancy tool.
- **Text4Babies** Members get up to three weekly text messages, tailored to where you are in your pregnancy.

Free Pregnancy Tests Free pregnancy tests for members who consult with a pharmacist.

Medication Therapy Management Complete medication reviews so pharmacists can use your profile and history to help you get the right treatment.

Free Boys and Girls Club Memberships (ages 6–18)

Free Girl Scout Memberships (grades K–8)



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We support members with Asthma, COPD, behavioral health or depression needs, diabetes, Coronary Artery Disease, Chronic Kidney Disease, Congestive Heart Failure, Hypertension, ADHD, Autism & Autism Spectrum Disorders, Lead, Hepatitis, HIV, pregnancy and more. In person and support in multiple language is also offered.

Educational Programs and Enhanced Services

MemberConnections® can help explain your health coverage and connect you to other community resources.

Connections Plus® & Safe Link Programs can provide a cell phone with free minutes and unlimited texting. And, when you talk with MHS, it will not count against your minutes!!

CentAccount Healthy Rewards MHS rewards members' healthy choices that can be used at Walmart, Meijer, CVS, Rite Aid, Dollar General and Family Dollar to buy things like healthy groceries, baby items, clothing and over-the-counter medicines.

Children with Special Needs Program a dedicated team of MHS doctors, nurses, social workers and care coordinators, specializing in the healthcare needs of children

Start Smart for Your Baby® & Special Deliveries match pregnant members with an OB Nurse Care Manager to help members have healthy pregnancies and earn additional CentAccount Healthy Rewards.

First Year of Life matches new moms with a Nurse Care Manager to answer questions and help make sure babies are growing to be healthy and strong.

Indiana Quitline MHS provides free tools to stop using tobacco as well as earn CentAccount rewards for participation. Learn about ways to quit through our joint social media campaign through Facebook, Twitter and our blog.

Website & Secure Member Portal - Complete the Health Needs Screening, see benefit info, choose a doctor or have a secure Live Chat to get questions answered quickly.



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INcontrol be in control of your health. This program helps members with asthma, autism/pervasive developmental disease, attention deficit hyperactivity disorder (ADHD), chronic kidney disease, congestive heart failure, coronary artery disease, chronic obstructive pulmonary disease (COPD), hypertension, depression, hepatitis C, HIV, schizophrenia, post-traumatic stress disorder (PTSD), depression, diabetes, tobacco cessation and pregnancy.

Educational Programs and Enhanced Services

SMOKE-free helps you stop smoking or chewing tobacco.

WEIGHTwise helps you lose or gain weight, or stay at a healthy weight.

HELPlink helps answer your questions about health, school, community services, and family problems.

WELLNESSchats offers events to help you learn about good health.

BLUEBELLEbeginnings gives you important information about pregnancy and motherhood, and a free gift for your baby.

MS. BLUEBELLE'S club for kids offers special activities and to help your kids make healthy choices.

TEENconnect helps pre-teens and teens get more involved in being healthy.

MDwise Rewards Program earn points for a variety of activities, like going to your doctor appointments. Then shop for gift cards with your points.

myMDwise Member Portal view your account information online or on your phone with our new myMDwise app.

Health Survey you may complete the survey online through the myMDwise member portal, by visiting MDwise.org/myMDwise or calling MDwise at 1-877-822-7193.

SafeLink Free Cell Phone Program get a free cell phone with 500 mins per month for the first four months and 250 mins per month after. Starting 1/1/17 smartphones will also be available offering 500mb of data.